

Bonaire Goat Cheese Farm Bicycle Tour

For nature and cycling lovers, Bonaire Wellness Connexions offers a unique bicycle tour which is a lot of fun and is an opportunity to see the wonders of Bonaire from a bicycle.

During one of our exploration rides, we discovered a beautiful countryside trail right in the back side of the famous hill of Seru Largu. We also noticed that Bonaire's unique goat cheese farm was located along that trail so we created the Goat Cheese Farm Bicycle Tour. This fun-filled ride is your opportunity to experience the amazing vistas and farms of Bonaire. The tour goes through a very peaceful farming area near downtown. Visit interesting Aletta's goat cheese farm, taste Bonaire's unique goat cheese and explore the best of what Bonaire mountain bike trails have to offer.

Itinerary

The trip starts at Bonaire Wellness Connexions bicycle shop located at Les Galeries Shopping Mall. There, we adjust the bikes according to your height, get you a fitting helmet, a water bottle and give you a briefing on the use of your bike and safety. After the briefing, one of our professional guides will take you to the farm on the bikes and another one will be at the back of the group escorting with a pick up truck.

The whole trip takes approximately 4 hours. You will leisurely follow the guide and there will be intermittent stops along the way to learn about Bonaire's flora, fauna and natural history. There will be some photographic opportunities. The terrain is fully flat and easy to ride through.

Important Information: Please notice that some cycling experience and physical condition **is required**. Do not bring any unnecessary stuff such as shopping bags or extra personal objects that won't be of any use during a bicycle tour. We recommend a small backpack or Camelbak for this trip. Make sure you come wearing sport shoes. Participant must sign a waiver.

Location: Tras di Montaña

Duration/Mileage: 4 hours, 16Km (10 Miles)

Fitness/Technical Ratings: For anyone who can ride a bike for 16 Km (10 miles)

Capacity: Min. 4 – Max. 20

Price: USD\$ 65.00 p/p

Included: Mountain bike, helmet, cold drinks and a goat cheese tasting.

TOUR TIMETABLE:

Approximate Duration: 4 HOURS

00:00 - 00:15	WE GATHER AT THE BICYCLE SHOP
00:15 - 00:35	BYCICLES ADJUSTMENT, EQUIP YOU WITH THE NECESSARY MATERIALS AND GIVE YOU A BRIEFING
00:35 - 01:30	FOLLOW NATURALIST GUIDE TOWARDS THE GOAT CHEESE FARM, THERE WILL BE INTERMITTENT STOPS ALONG THE WAY
01:30 - 03:00	VISITING THE FARM & BREAKFAST
03:00 - 04:00	BACK TO THE BICYCLE SHOP